

THE SALTHOUSE

Lunch Menu

Starters

Tear And Share Breads A selection of breads served with dips and dressings	6.25	Soup Of The Day With Salthouse wheaten bread	5.50
Caramelised Goat's Cheese Apple & candied walnut salad with dressed rocket	6.00	Terrine Of Bacon & Cabbage Pressed slow cooked bacon hocks layered with savoy cabbage, with a smooth leek purée and red wine vinegar dressing	6.50
Local Seafood Chowder & Watercress A mixture of diced local seafood including salmon, smoked haddock and cod with diced vegetables in a white wine cream sauce, served with Salthouse wheaten bread	7.00	Free-Range Chicken Wings, Warm Chicken & Truffle Mayo Twice cooked chicken wings served in a chicken flavoured truffle mayo	6.75

Mains

Salthouse Beef Burger With monterey jack, crisp salad, bacon jam & skinny fries	14.25	Char-Grilled Chicken Breast With bacon mash & pan juices	15.00
Beer Battered Haddock & Chunky Chips With malted mushy peas, chunky tartar sauce & caramelised lemon	14.50	Grilled Smoked Haddock Crushed new potatoes, poached egg & smoked haddock cream	14.00
Braised Daube Of Beef Roasted autumn vegetables, creamy champ & braising juices	14.50	Chicken Caesar Salad Roast chicken, baby gem leaves, caesar dressing, crisp bacon, crisp soda bread croutons, shaved parmesan	12.00

Sandwiches

Crouge Monsieur Limerick ham with a béchamel sauce, dijon mustard & local cheese on sliced sourdough	7.50
Open Prawn & Smoked Salmon A salmon and prawn sandwich on wheaten bread	9.75
Spiced Moroccan Vegetables Chickpea, grated carrot & sundried tomatoes	7.25

Vegetarian

Risotto Of Thyme Roast Butternut Squash With crème fraiche & watercress	14.00
Charred Cauliflower Steak with Miso Maple Glaze Fricassée of woodland mushrooms, baby onions with a walnut crumble, feta fritters & burnt onion purée .	14.25

Some of our menu items contain nuts, seeds and other allergens:
there is a small risk that tiny traces of these may be in any other dish or food served here. We understand the dangers to those with severe allergies.
Please speak to a member of staff who may be able to help you to make an alternative choice.